



BEAM Kenya is a nonprofit organization that equips children to overcome adversity through education and psychosocial support.

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Lifting up through amplifying

Many children from the local primary schools go to Forestal High School, a public school within walking distance of the slums. When Olive, BEAM Kenya's project manager, recently attended a meeting there, the principal introduced her to a few of the freshman students. One young student confidently introduced himself.

"My name is Kipkemboi. I am 13 years old and I got 342 marks on my KCPE [Kenya Certificate of Primary Education]. I had hoped to go to another school, but instead, I am going to Forestal Day School. Although I was sad, I am so proud of myself because I am aware I can make it anywhere."

Another student also boldly shared some of her story: "I can make it anywhere. I am an author, and I wrote my own book. I know I can fulfill my dream even before I am grown up." When Olive asked her for her name, this young student replied, "Oh, you don't remember me? BEAM works at our school with Auntie Pam and Auntie Cecilia."

BEAM has provided counseling and psychosocial education to three primary public schools since July last year. Our counselors, Pam and Cecilia, walk alongside students in their formative years to develop confidence and healthy self-esteem despite the challenges they face at home in the slums.

Our hope through counseling and psychosocial education is to amplify the voices of children—like the two Olive met at Forestal—and to lift up communities by helping younger generations thrive.

Thank you for journeying with us and this community! We are always so grateful for each and every one of you.

Hope shines bright,
Colleen Costigan
Founder & Director of BEAM Kenya

A look at 2023 so far

Because of your generous partnership, we have been able to start 2023 equipped and energized. Here's a look at what happened at the beginning of this year.

SCHOLARSHIPS

Our accountant, management team, social workers, and counselors all worked together to ensure that all 58 students in our scholarship program are in school with everything they need. We have added three new scholars and we have space for five more. We hope to have 63 students in the program this year.

SOCIAL WORK

Our team made a total of 148 social work visits in January and February. These include home visits (70), medical visits (24), school visits (5), and government visits (4). Home visits included assessing new cases, follow-ups for secure family reunification, school year preparation, and medical visit preparation.

COUNSELING

Our counseling team completed 120 counseling sessions in January and February. These include individual (101), group (14), psychosocial education (5), and debrief sessions (4). Group counseling sessions usually centered around a topic, such as childhood trauma, career counseling, and loss and grief.



A word of gratitude

The work of BEAM Kenya is possible through the financial partnership of many. No gift is too small, and we are honored that you have chosen to come alongside us to boost, educate, advocate, and mend. Thank you so much for your incredible generosity! Asante sana!