



BEAM Kenya is a registered 501(c)3 that equips children to overcome adversity through education and psychosocial support. All contributions are tax-deductible.

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Breaking stigmas to build safety

Ever since BEAM Kenya began offering individual counseling and psychosocial education services at four public schools one year ago, the number of students who approach us for support has increased exponentially. This program aims to break stigmas around mental health while creating safe spaces for students to be seen and heard.

One student, James*, used to sneak out of his home and had poor school attendance. His family and his school's staff were extremely frustrated with him, and he frequently received harsh punishments from his father. One day, James' father came to his school in a fit of rage because James had disobeyed him once again by sneaking out. The BEAM counselors happened to be at the school for their weekly sessions and invited James' father for a session. They helped him identify his triggers and how to calm down before communicating with his son. They shared some anger management and problem-solving techniques.

Next, the BEAM counselors had a session with James to help him process his lack of interest in school. They worked to establish trust, assuring him that they were not there to judge him but to learn about and listen to him. They finished with a family session to bring unity and understanding between father and son. James' father admitted harsh punishments were not a solution, and James felt seen and heard. Since those sessions in February, James has been attending school regularly. Now, when the counselors come to James' school on one of their regular visits, he greets them with a big smile.

As our team continues to work with local schools and cultivate relationships with faculty, students, and caregivers, we hope kids like James experience mending at home and beyond.

Hope shines bright,
Colleen Costigan
Founder & Director of BEAM Kenya

*Name changed for privacy

BEAM's new office

BEAM Kenya reached a significant milestone this year: the construction and dedication of our new office! For seven years, we were renting a one-room office. Today, our new space for our team of 10 full-time staff sits on one acre of land and consists of a reception area, board room, and five offices for each department.

We celebrated together with our community by holding an office dedication ceremony on June 30th. This was a beautiful opportunity to reflect on the growth of BEAM and dream about the journey ahead of us. Now that we are settled in our new space, we are receiving so much positive feedback from our staff. Hudson, our accounting manager, is very excited about the space: "I can now serve clients and staff with confidentiality without inconvenience or interruptions. I have experienced a great improvement on work ethics from my colleagues. The fresh and welcoming office space is the best. I love our new office!"

This space represents the hope and belief that our community will continue to disrupt the cycle of poverty so that children and families can thrive.



Our new students

Through your generosity, BEAM has been able to provide scholarships to 24 new children. Currently, we are supporting the education of 80 vulnerable children! These students are being supported in a variety of ways, depending on their individual needs. Our social work team did multiple home visits and assessments to determine the best option for each child. Some children attend the local public schools and are assisted with uniforms and school fees. Other children, who require a more protected learning environment, are placed in boarding school.

Timon and Anastacia (pictured above) attend a local high school but were home for three weeks due to a lack of school fees. BEAM welcomed them into our program, and they are now back in school. We are grateful for the partnerships that help our programs continue to grow and advocate for children's right to education!

A word of gratitude

The work of BEAM Kenya is possible through the financial partnership of many. Thank you so much for your incredible generosity! Asante sana!

If you would like to partner with us, gifts may be made online at beamkenya.org or by check. Checks must be made out to BEAM Kenya.