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**For gifts to count toward 2025 charitable giving,** they must be given online by December 31 at 11:59 pm Pacific time or postmarked by December 31 if giving by check.”



## The chance to help kids be kids

Joseph (name changed to protect privacy) was first referred to BEAM Kenya by his teacher, who was concerned about ongoing medical issues. After several home visits, our social work team uncovered a deeper reality: Joseph was being abused by his father.

He and his two siblings were removed from an unsafe home and received the care they urgently needed. After thorough family reunification efforts, they spent school holidays with their maternal grandmother, and BEAM provided boarding school tuition during the term to ensure their safety

and stability. Over the past year, our counseling team has supported Joseph and his siblings on their journey toward healing and hope.

We pursue justice and fight for change because we know abuse often repeats across generations. The World Health Organization confirms that children who experience abuse are more likely to become abusers themselves as adults. By supporting Joseph and his siblings, we can break that toxic cycle.

Stories like Joseph's are possible because of our compassionate community, made up of people who believe that a better world is possible for children—and that

community includes you. During this season of giving and generosity, I hope you consider a gift to continue working toward that better world.

Let's keep pushing forward together, creating even more pathways to education, psychosocial support, mental health care, and safety so kids in Kenya can overcome adversity.

With gratitude,

*Colleen Costigan*

BEAM Kenya Co-Founder and Executive Director

# Your partnership helps children thrive.

Children have the right to learn, feel safe, and grow up with the support they need to mentally, spiritually, and physically thrive. **Together, we're raising \$140,000 toward protecting these rights, with every gift matched by a generous partner dollar for dollar, up to \$70,000!** When it comes to caring for kids, we believe everyone has a part to play, and we invite you to find yours.



## Boost \$5,000

**Elevating children to lead sustainable lives**

**\$800:** Funds medical insurance coverage for all 106 BEAM scholars for 3 months

**\$400:** Covers 3 months' worth of nutritious food and medical care for a child-headed household

**\$100:** Provides Christmas food baskets for 4 families in need



## Educate \$85,000

**Providing access to high-quality education in a safe and protected environment**

**\$800:** Funds tuition and supplies for a boarding school student for 1 year

**\$400:** Covers tuition and supplies for a day scholar for 1 year (non-boarding)

**\$100:** Provides a uniform, books, and school supplies for a high school student



## Advocate \$20,000

**Promoting children's safety, protection, and well-being**

**\$800:** Covers a 2-day trauma-informed care training for community leaders

**\$400:** Supports a month of social work travel for family tracing efforts

**\$100:** Provides medical care and advocacy for a child who has experienced abuse



## Mend \$30,000

**Dedicated to emotional, spiritual, and psychological healing for children and their families**

**\$800:** Covers 8 psychosocial education sessions at a school, led by licensed counselors

**\$400:** Offers 16 counseling sessions that strengthen the well-being and resilience of BEAM Kenya staff

**\$100:** Funds 4 individual counseling sessions for a child healing from trauma





# Helping Kids Like Amina



Amina (name changed to protect privacy) is a bright, determined 15-year-old in Grade 4. After her parents separated, she was left without support. Her father neglected her, and her mother's new husband refused to take her in—leading her to go live with other relatives. Though loved, her caregivers couldn't afford school tuition, and she was often sent home from class.

When BEAM social workers met Amina, they saw both her struggle and her potential. She was granted an academic scholarship, giving her the chance to return to school. At first, Amina found it difficult to adjust. She sat quietly at the back of the classroom—withdrawn, avoiding eye contact, and rarely speaking. Some classmates whispered about her, commenting on her age and wondering why she was always alone. But Amina kept showing up.

Our counseling team supported Amina, helping her gradually open up about her sleepless nights, losses, and the heavy emotions she carried. Session by session, she learned to name her feelings—fear, anger, and sadness—and began to heal. She also learned breathing techniques and journaling, gradually gaining confidence.

Amina now speaks up in class and was recently appointed to a class leadership position. She enjoys singing in her church choir. Her journey reflects resilience and renewal, and with continued support, she is healing, growing, and embracing a hope-filled future.

**\*names changed due to privacy**





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## The Tax-Smart Way to Give

### Support BEAM Kenya and save on taxes

When you donate appreciated stock, you can give more at no extra cost.

### How It Works

Say you purchased stock for **\$2,500** and it's now valued at **\$10,000**.

Selling it would trigger capital gains tax on the **\$7,500 increase**.

But if you donate the stock directly to BEAM Kenya, you avoid capital gains tax entirely.

For more information, visit [www.beamkenya.org/donate](http://www.beamkenya.org/donate) or reach out via email at [hello@beamkenya.org](mailto:hello@beamkenya.org).

Disclaimer: While we love to share how your gift can make a difference, we can't offer tax advice. We encourage you to connect with your accountant or financial advisor to learn how a gift of securities could be a meaningful benefit to you.

## Your Gift Sparks Hope



Join us as a monthly partner and make a difference today by scanning the QR code on the front page. Thank you for being a part of our community!



VISIT US ONLINE

Find out how you can take action and make an impact for generations to come.

### Your Benefits

- Skip capital gains tax
- Receive a tax deduction for the full **\$10,000** (within IRS guidelines)

It's an efficient, high-impact way to support BEAM—and a smart strategy for your own financial stewardship.



## Words of Impact

*"BEAM has played a major role in my life—supporting me financially, medically, and emotionally throughout my education journey. BEAM's encouragement and guidance have kept me focused and motivated. I am grateful to the BEAM family for brightening my future. My hope is to graduate, find a job, and help others in need."*

— Maxmillah, second-year student, mortuary science certificate program