

2025  
ANNUAL  
REPORT

BEAM KENYA

2025





## A Look Back at 2025

We are honored to share highlights of what your partnership made possible last year, and we invite you to celebrate these achievements and milestones with us. You are a vital part of this global community that equips children to overcome adversity through education and psychosocial support.

Thank you for your continued commitment to this mission and to the generations of children whose lives will be shaped by it.



# A Measurement Beyond Success

*Our friend Deborah's life began with significant challenges—the physical pain of sickle cell anemia and emotional anguish from family discord. She was first referred to BEAM Kenya by a neighbor, and from that moment, a community began to gather around her. Our team helped facilitate critical medical care and supported her transition into a safe boarding school environment. Alongside this, Deborah received ongoing mental health support, walking a steady path toward healing with the care of our counselors and social work team.*

*Through family tracing efforts, our staff reconnected Deborah with an aunt who cared for her. Research continues to show the life-changing impact of one healthy, consistent adult relationship, and for Deborah, her aunt became that steady presence. She was also surrounded by a wider circle of care—loved at her school, embraced by her church, and held by the BEAM Kenya community and partners.*

*Last July, during a visit while Deborah was experiencing a severe pain crisis and recovering from a blood transfusion, one of our guests recorded her singing. In the video, Deborah's courage and resilience shone through as she shared these words: "No matter what God gives me, I will take it."*

*Deborah passed away in January at just 17 years old. She was known and deeply loved by so many, both within and beyond the BEAM Kenya family. While we grieve her physical absence, we have peace in knowing that she experienced profound love from God and from her community. Her life is a powerful reminder that faithful presence, compassionate care, and a committed community matter more than any measure of worldly success.*

*Our endless thanks to you and the entire BEAM community who walked alongside her with such dedication and devotion.*

*With gratitude,  
Colleen Costigan, Co-founder & International Director*

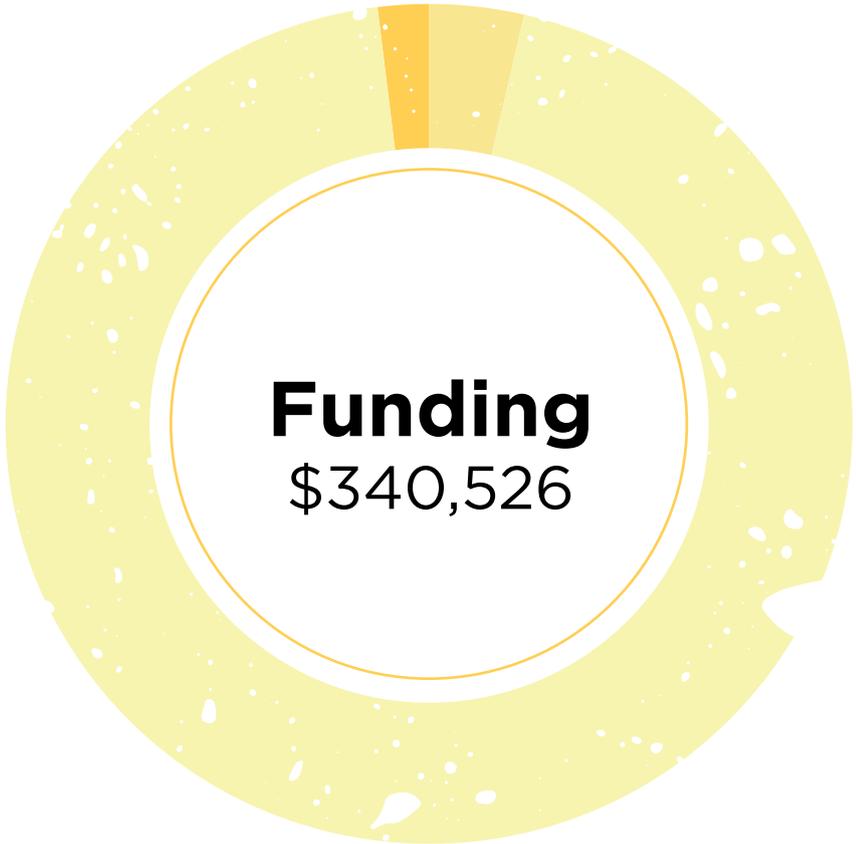


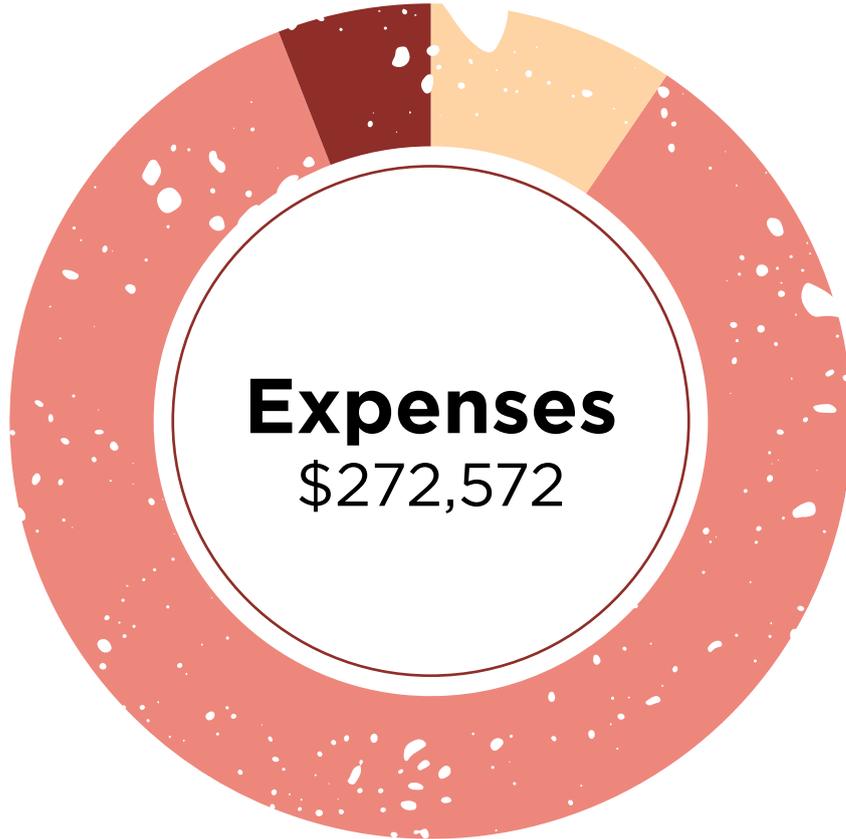
# 2025 FINANCIAL SUMMARY

**\$315,925 – Individual Gifts**

**\$15,000 – Grants**

**\$9,601 – Non-cash Stock Gifts**

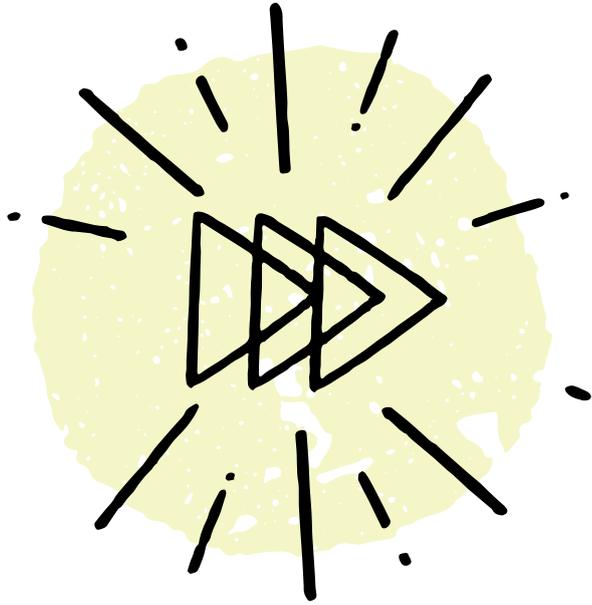




**\$230,723 – Programs  
(85%)**

**\$25,800 – Fundraising Costs  
(9%)**

**\$16,049 – Operations  
(6%)**



# Boost

Encouraging empowerment and long-term stability, our Boost program is designed to meet immediate needs in ways that protect stability, reduce vulnerability, and empower families to move forward with hope.





**9** Children in foster care provided with consistent food support

**5** Child-headed households supported with food assistance

**28** Families given Christmas food relief packages

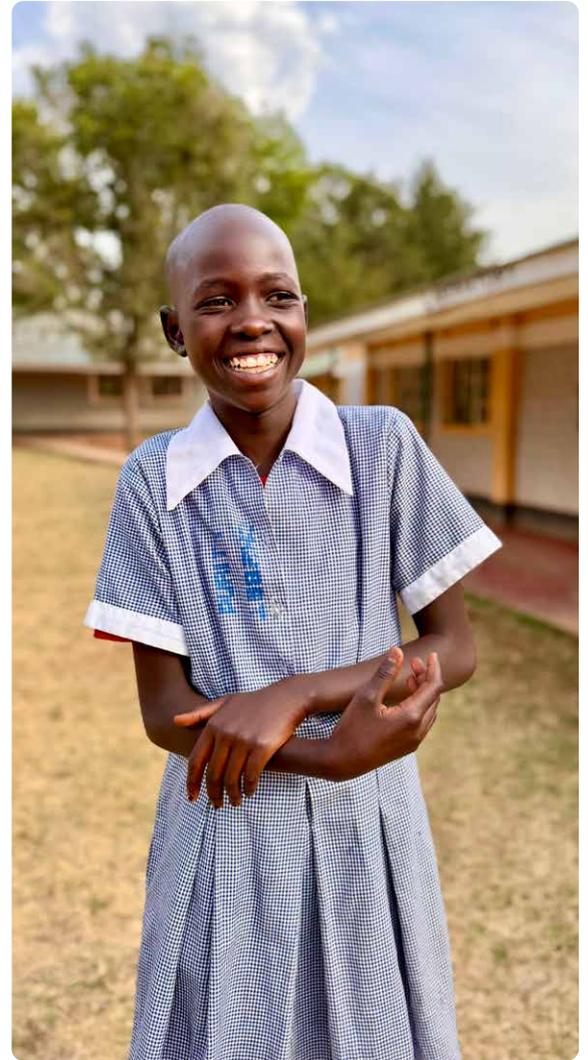
**106** BEAM scholars received health insurance coverage

**13** vulnerable children and **7** adults accessed care for chronic health conditions



# Educate

Through our Educate program, we remove barriers to education by providing scholarships and holistic support that open doors to opportunity and long-term success.



# 106

## Current Academic Scholars:

**39** In primary school  
(30 boarding, 9 day scholars)

**26** In JSS (junior secondary school)  
(20 boarding, 6 day scholars)

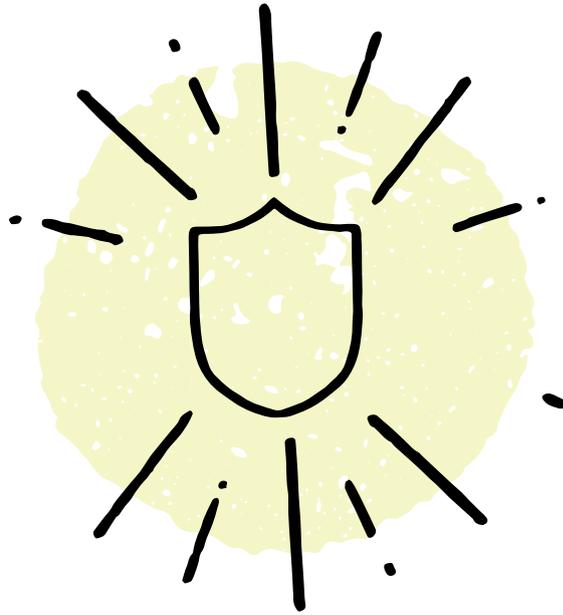
**29** In high school  
(21 boarding, 8 day scholars)

**3** In technical school

**3** earning their associate's degree

**6** attending university





# Advocate

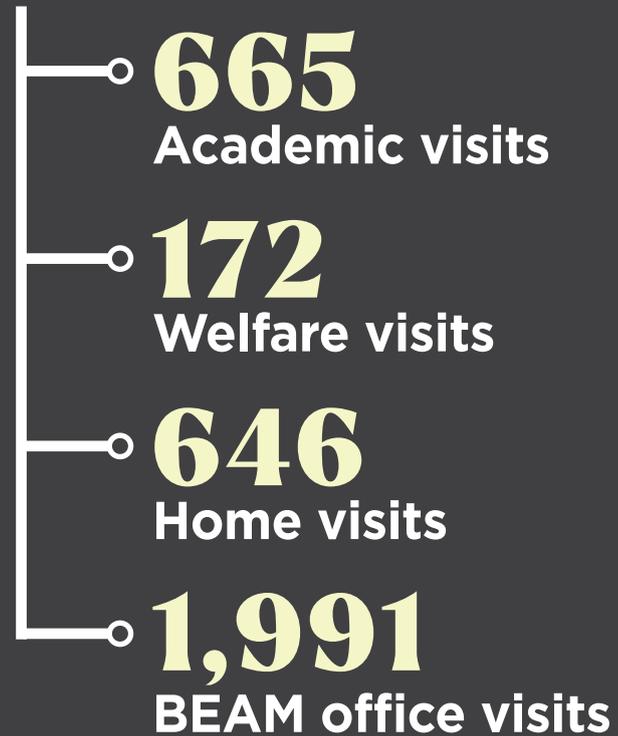
Through the Advocate program, our social work team works alongside families and community leaders to safeguard vulnerable children and promote their well-being. Through active case management, ongoing monitoring, and coordinated collaboration, the team delivers targeted interventions that build security, confidence, and brighter futures.

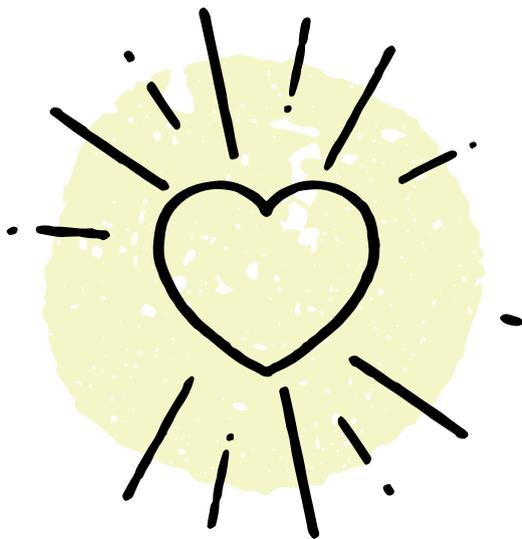




# 3,474

Total social work visits





# Mend

Through our Mend program, licensed professional counselors provide trauma-informed emotional, spiritual, and psychological care to children, families, and community members. Mend is dedicated to restoring well-being, strengthening resilience, and supporting holistic healing.





This year, our **4** licensed counselors worked in **7** schools and within the community.

**7,092** people impacted

Session type	Sessions held	People impacted
Individual counseling	888	888
Group counseling	23	125
Debriefing	13	16
Psychoeducation	64	6,063

\*Psychoeducation provides tools for emotional resilience and trauma awareness. Debriefing offers guided support following difficult or traumatic events.

# Your Impact:

*Susan\* was first referred to counseling following adolescent pregnancy.*



# *Susan's Journey*



At the time, she had recently given birth and was considering leaving school, sharing that she no longer saw value in continuing her education.

She was navigating deep emotional pain, including feelings of abandonment by both parents and anger connected to their absence in her life. Without family support, she initially struggled to imagine a hopeful future.

*\*name changed for privacy*

Because of the generosity of BEAM Kenya supporters, Susan was able to access consistent, trauma-informed counseling focused on strengthening resilience, identifying personal strengths, and building safe support systems around her. Over time, her outlook began to shift. Through guided reflection and encouragement, she started to see that her past challenges did not have to define her future—a truth she now returns to often in sessions.

Today, Susan has chosen to continue her education and no longer plans to drop out of school. She is actively identifying personal

goals and values and continues working toward them alongside her counselor. Her journey reflects the transformative impact of sustained emotional and mental health support—and the powerful role partners play in making healing, hope, and new possibilities accessible to young people in vulnerable situations.







**MILESTONES**  
**AND HIGHLIGHTS**

# Trauma-Competent Care

Our counseling team trained 55 people—including BEAM Kenya staff—to be trauma-informed caregivers. This equips them to understand how trauma affects child development and respond with safety, compassion, and effectiveness—further strengthening BEAM’s commitment to creating spaces where children can heal, grow, and thrive.



# Child Safeguarding

In January 2025, four BEAM staff attended a Child Safety and Protection Network conference themed “Standing in the Gap.” BEAM co-founder Colleen Costigan led a session entitled “Child Safety and Broken Systems: Navigating the Complexities,” sharing a case study and strategies for responding effectively to harm or abuse. The training strengthens BEAM’s commitment to child safeguarding and collaborating with other organizations to build effective safety programs.

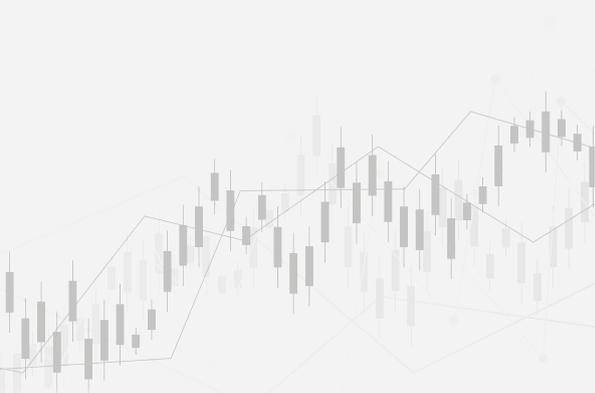
# Hosting Visitors

In 2025, we had the joy of welcoming friends and partners from across the United States and Italy to experience BEAM Kenya firsthand. From San Diego to St. Louis, board members, students, and longtime supporters stepped into the story—meeting children, visiting schools, and witnessing the impact of education and healing up close.

One special highlight was board member Allen Narkiewicz's visit with his family. His 9-year-old daughter, Piper, was so inspired by her time in Kenya that she later spoke at a fundraising event in St. Louis, sharing about BEAM's work with courage and conviction.

There is something transformative about seeing it for yourself. These visits deepen partnership, strengthen the bridge between Kenya and the U.S., and remind us that this work belongs to all of us. If you have ever considered visiting BEAM Kenya, we would love to welcome you. Come see, learn, and be part of the story.





## A New Way to Give

For the first time, BEAM Kenya can accept noncash donations! Donating appreciated stock is a powerful way to support our work. By giving stock directly, you can avoid capital gains tax while receiving a deduction for the full market value of your gift (per IRS guidelines).

Learn more at [beamkenya.org/donate](https://beamkenya.org/donate) or email [hello@beamkenya.org](mailto:hello@beamkenya.org).

*\*Please consult your financial advisor for tax guidance.*



## Connecting Across Continents

We had such an inspiring visit to the U.S., connecting with our amazing BEAM Kenya partners in San Diego and St. Louis. Kim, our operations manager, and Colleen, our co-founder, loved sharing stories of impact

and getting to meet the incredible people who make it happen. These connections remind us that every program we run is powered by a community that truly cares.

# BEAM Kenya Legacy Fund

This year, thanks to a generous partner, BEAM Kenya launched the Legacy Fund—an endowment created to sustain our mission for generations to come.

Endowments generate ongoing income, providing reliable annual support for scholarships, mental health care, and stability for the children and families we serve. This milestone reflects thoughtful planning, strengthened stewardship, and a deep commitment to lasting impact—a gift that truly keeps on giving.

Today, the Legacy Fund has grown to \$385,356, bringing us closer to a future where BEAM Kenya's work is sustainably supported for years to come. We are deeply grateful to the partners who share our vision for a resilient, thriving future.



Thank YOU for partnering with us and being part of the BEAM Kenya community! **Asante sana!**

# Looking Ahead:

## The BEAM Children's Resource Center

This year marked a meaningful step forward as the BEAM Kenya property was newly fenced with eco posts and officially named the **BEAM Children's Resource Center**—a vision for a safe, inclusive space where children can learn, play, heal, and grow.

Designed in collaboration with a Kenyan architect and Allen Narkiewicz, the proposed center will include a training and social hall, healing and restoration space, kitchen and dining hall, soccer field, and an admin block with a library and computer lab.

Our hope is to create a vibrant hub for education, creativity, counselling, and community connection in a secure and nurturing environment. We are continuing to seek partners who feel called to invest in building this future together—reach out to learn more!



# Envisioned Spaces at the BEAM Children's Resource Center



## A place to heal

Counseling and restoration spaces where children and families can receive trauma-informed care.



## A place to learn

A library and computer lab supporting students as they pursue higher education and new opportunities.



## A place to gather

A training and social hall where community members can come together for learning, mentorship, and support.



## A place to play

A soccer field and outdoor spaces where children can build confidence, friendships, and joy.



## A place to belong

A safe, welcoming environment where children and families are supported by a caring community.



2801 B ST. #85  
SAN DIEGO, CA 92102  
858-245-1072

PHONE  
858-245-1072

EMAIL  
hello@beamkenya.org

ADDRESS  
2801 B St. #85  
San Diego, CA 92102

BEAM Kenya is a 501(c)(3)  
organization. Contributions  
are tax deductible.



[GIVE NOW](#)



FOLLOW US ONLINE  
@beamkenya